

ASCENSION ACTIVATIONS

by Meg Benedicte

ASCENSION
DOWNLOAD
PACKAGE

ASCENSION ACTIVATIONS

by Meg Benedicte

MODULE 3 – SHADOW SELF

1) EGO CONTROL



In order to become whole, healthy, complete beings, we need to face all hidden shadow (lower vibrational energies) and compassionately accept and heal the lost fragments of the unconscious self. The healing process requires digging deep inside, observing and confronting the wounded human self, the part of our being that has suffered in the Time Matrix.

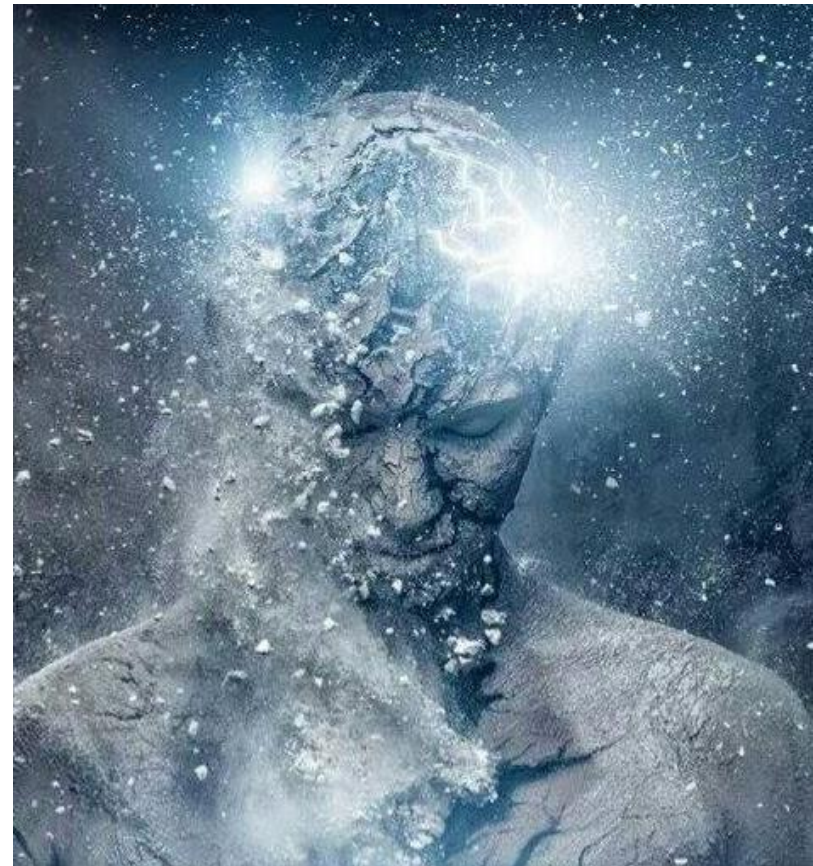
The very notion that we may have a shadow self is both repelling and unacceptable to the righteous, grandiose Ego. But there is the catch – our personal shadow *is*, in part, the denial of separation and the subsequent pain it creates. By ignoring our baser nature, the narcissism of the Ego and the complete lack of Soulful connection, we are operating in a world of emotional and spiritual bankruptcy, which leads to narcissism, egoic dominance, control and indulgence.



MODULE 3 – SHADOW SELF

1) EGO CONTROL

The Ego mind tries to control the human reality and is addicted to the drama of Duality. The Ego locks us in the 3D Matrix simulation – the mind holds us in TIME. When we focus our mind into the Now Moment, the ego disappears. The Ascension process requires extensive clearing of fake simulation programming from the mind, purging toxic emotions, clearing trauma from cellular memory and transcending all Ego control.



MODULE 3 – SHADOW SELF

2) CO-DEPENDENCY



The Ego sees itself as separate from spirit as well as being alone in the universe. Due to the very nature of setting itself apart, the Ego begins to feel vulnerable and needy, no longer loved and supported by a benevolent Universe. Since the Ego exists as a separate entity from its surrounding world, it begins to experience more isolation, emptiness, loneliness and paranoia – experiencing the “me against the world” mentality. Disconnection from the abundant universe breeds a sense of lack and deprivation, living a life of struggle and suffering.

MODULE 3 – SHADOW SELF

2) CO-DEPENDENCY

Ego separation creates feeling deprived and punished, which devolves into victim mentality. When we no longer feel fed, nurtured or supported in life, this erodes healthy self-esteem and confidence. Our sense of self dissolves into a disturbing sensation that something is missing inside us – leaving us feeling “less than,” insecure, broken, shameful and/or bad. Eventually the Ego’s victim identity is driven to seek whatever it can attain from the external world to fill the empty hole inside.

We begin to go outside ourselves to feed on others’ energy, and become trapped in a parasitic co-dependent model of relationship. Of course, external dependencies erode all sense of wholeness and increasing fear of survival.



MODULE 3 – SHADOW SELF

3) ADDICTIONS



addiction



We are functioning like cars running on empty, depleted and drained of our natural fuel – the kundalini life force of Soul Presence. All of life is a form of energy. And so the Ego is on a mission to seek, find and consume energy anywhere it can access it. While living in the Time Matrix, we've lost our lifeline to universal abundance. We feel cut off from 'All That Is'!

The two most powerful sources of energy that we seek are Love and Money! We become obsessed in pursuing Love in our co-dependent relationships, and acquiring money to feed our material consumerism. The victim believes that it needs to merge with another human being to feel complete. But it's never enough. We still feel empty inside!

MODULE 3 – SHADOW SELF

3) ADDICTIONS

The root cause of Addiction is disconnection. Addictive patterns develop in early childhood as a coping mechanism to the ever-present darkness of Duality and the absence of unconditional love. The Ego mind separates us into isolation, emptiness, loneliness, a “me against the world” consciousness. We are compelled towards addictive behavior to fill the empty hole inside. What a vicious cycle to become entrapped in! It is truly an ingenious way to keep humanity disempowered and easily manipulated. The cure for addiction is inner Soul connection. This eliminates any sense of feeling emptiness or lack. When we experience union with Soul Presence, we feel complete and all external neediness dissolves.





MODULE 3 – SHADOW SELF

4) SPELL BREAKING

Shadow manipulates, seduces and destroys our connection to Soul Presence and the abundant universe. It is divisive in nature and driven to dominate our 'free will' and create more disconnection. Shadow's motto is "divide and conquer"!

As I became more aware of how polarity works, and how shadow tricks and invades our energy field, I went on hyper-alert ... not only in myself but also with my clients. The more I uncovered, the more I realized how we are being overly influenced by outside shadow forces in the form of psychic attacks, feeder lines, parasitic astral entities, bacterial and viral invasions, spells and curses, debilitating family patterns, corrupted reptilian hybrid genetics, religious persecution, witchcraft, OK ... you get the drift. All of these examples are divisive forms of shadow consciousness – all invisible to the human eye and yet wreaking havoc in our lives.

The path to healing shadow lies within us, for we can no longer avoid the pain, the suffering and the haunting we encounter in our daily lives. It is real and can be healed.

MODULE 3 – SHADOW SELF

4) SPELL BREAKING

We must look for patterns of separation, extreme reactions, mind control programs, addictions, any haunting presence around the body, in the mind, and in the home. We need to watch for disturbances in our intimate relationships, where we are closing our hearts, pushing others away with rage, jealousy, attacks, neediness or infidelity. These are examples of shadow infiltration.

Spells are miasmatic fields of inserted control programs that override our conscious choice and awareness. They are often experienced as overpowering emotional reactions, repetitive destructive patterns, sabotaging scenarios, and negative beliefs and expectations. With the Quantum Vortex we can break the spells and unplug from the overlay gridwork and inserted control systems. By locking our focused intention on the spell, we can spin the miasmatic field out of the body, heart, mind, aura – and break free!

